

Relationships Sex Education Policy Secondary School

| Date approved | July 2024 | Approved by | Standards Committee |
|-----------------|-----------|-------------|---------------------|
| Review cycle | 1 year | Signature | Desburgo |
| Date for review | July 2025 | Author | Head of PSHE |

Statement of intent

At the Respect Collaboration of schools, we understand the importance of educating pupils about sex, relationships and their health, for them to make responsible and well-informed decisions in their lives.

The teaching of RSE can help to prepare pupils for the opportunities, responsibilities and experiences of adult life. It allows us to promote the spiritual, moral, social, cultural, mental and physical development of pupils at school and in the wider society.

We have an obligation to provide pupils with high-quality, evidence and age-appropriate teaching of these subjects. This policy outlines how the school's RSE curriculum is organised and delivered, to ensure it meets the needs of all pupils.

1. Why do we teach Relationships and Sex Education?

- 1.1 We understand that pupils must be provided with an education that prepares them for the opportunities, responsibilities and experiences of adult life.
- 1.2 A key part of this relates to relationships and health education, which must be delivered to every pupil. Primary schools also have the option to decide whether pupils are taught sex education.
- 1.3 Relationships education focusses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy.
- 1.4 Health education focusses on equipping pupils with the knowledge they need to make good decisions about their own health and wellbeing.
- 1.5 We understand our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships and health curriculum for all our pupils.
- 1.6 This policy sets out the framework for our relationships and health curriculum, providing clarity on how it is informed, organised and delivered.
- 1.7 The school has a key role, in partnership with parents/carers in providing RSE.
- 1.8 Research has shown that young people who feel good about themselves, and are knowledgeable and confident about relationships and sex education, are more likely to be more discerning in their relationships and sexual behaviours and to have fulfilling relationships

2. Legal Framework

This policy has due regard to all relevant legislation and statutory guidance including, but not limited to, the following:

Equality Act 2010

- The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019
- Children and Social Work Act 2017
- DfE (2021) 'Keeping children safe in education 2021'
- DfE (2021) 'Teaching about relationships, sex and health'
- DfE (2019) 'Relationships Education, Relationships and Sex Education (RSE) and Health Education'
- DfE (2015) 'National curriculum in England: science programmes of study'

This policy links to the following policies and documents:

- Curriculum Policy
- PSHCE Policy
- Confidentiality Policy
- Safeguarding Policy
- Anti-Bullying Policy
- Spiritual, Moral, Social and Cultural Policy
- School Development Plan
- Healthy Schools Action Plan
- 2.1 The term Relationships and Sex Education (RSE) is used in this policy rather than sex education.
- 2.2 This is to stress that our approach goes beyond provision of biological information to focus on clarifying attitudes and values and developing self-esteem and the skills to manage relationships.

3. What is RSE?

3.1 Knowledge and understanding

- Learning and understanding about physical development at appropriate stages
- Understanding human sexuality, sexual health, emotions and relationships
- Learning about a safe and healthy lifestyle based on accurate information
- Learning about seeking appropriate help and advice.

3.2 Attitudes and values

- Learning the importance of values and individual conscience and moral considerations
- Learning the value of family life, stable and loving relationships for the nurture of children
- Learning the value of respect, love and care
- Exploring, considering and understanding moral dilemmas
- Developing critical thinking as part of decision making
- Learning to respect and value difference and diversity.

3.3 Personal and social skills

- Learning to manage emotions and relationships confidently and sensitively
- Learning to manage change
- Developing self-respect and empathy for others
- Learning to make choices based on an understanding of difference and with an absence of prejudice
- Learning to make informed choices
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning how to recognise and avoid exploitation and abuse.

4. RSE subject overview

RSE will continue to develop pupils' knowledge on the topics taught at a primary level, in addition to the content outlined in this section.

Families

By the end of secondary school, pupils will know:

- That there are different types of committed, stable relationships.
- How these relationships might contribute to human happiness and their importance for bringing up children.
- What marriage is, including their legal status, e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.
- Why marriage is an important relationship choice for many couples and why it must be freely entered into.
- About the characteristics and legal status of other types of long-term relationships.
- About the roles and responsibilities of parents with respect to raising children, including the characteristics of successful parenting.

Pupils will also know how to:

- Determine whether other children, adults or sources of information are trustworthy.
- Judge when a family, friend, intimate or other relationship is unsafe, and recognise this in others' relationships.
- Seek help or advice if needed, including reporting concerns about others.

Respectful relationships, including friendships

By the end of secondary school, pupils will know:

- About the characteristics of positive and healthy friendships in all contexts (including online), including trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationships.
- Practical steps they can take in a range of different contexts to improve or support respectful relationships.
- How stereotypes, particularly those based on sex, gender, race, religion, sexual orientation or disability, can cause damage, e.g. how they might normalise nonconsensual behaviour.
- That in school and wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.
- About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to seek help.
- About the types of behaviour in relationships that can be criminal, including violent behaviour and coercive control.
- What constitutes sexual harassment and violence and why these are always unacceptable.
- About the legal rights and responsibilities regarding equality, with reference to the protected characteristics defined in the Equality Act 2010, and that everyone is unique and equal.

Online and media

By the end of secondary school, pupils will know:

- Their rights, responsibilities and opportunities online, and that the same expectations of behaviour apply in all contexts.
- About online risks, including that material shared with another person has the
 potential to be shared online and the difficulty of removing potentially compromising
 material placed online.
- Not to provide material to others that they would not want shared further and not to share personal material which they receive.
- What to do and where to get support to report material or manage issues online.
- The impact of viewing harmful content.
- That specifically sexually explicit material, e.g. pornography, presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.
- That sharing and viewing indecent images of children is a criminal offence which carries severe penalties, including jail.
- How information and data is generated, collected, shared and used online.

Being safe

By the end of secondary school, pupils will know:

- About the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.
- How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn – this includes online.

Intimate and sexual relationships, including sexual health

- By the end of secondary school, pupils will know:
- How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.
- That all aspects of health can be affected by choices they make in sex and relationships, positively and negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.
- The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for both men and women.
- The range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.
- That they have a choice to delay sex or enjoy intimacy without sex.
- The facts about the full range of contraceptive choices, their effectiveness and options available.
- The facts around pregnancy including miscarriage.
- That there are choices in relation to pregnancy, with legally and medically accurate, impartial information on all options including keeping the baby, adoption, abortion and where to get further help.
- How the different sexually transmitted infections (STIs) are transmitted, how risk can be reduced through safer sex and the importance of facts about testing.

- About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.
- How the use of alcohol and drugs can lead to risky sexual behaviour.
- How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.

RSE programmes of study

The school will determine an age-appropriate, developmental curriculum which meets the needs of young people and includes the statutory content outlined in <u>section 4</u> of this policy.

| Topic | Students should know | When/Year group |
|-------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| Families | That there are different types of committed, stable relationships. | 7, 8, 9, 10, 11 |
| | How these relationships might contribute to human happiness and their importance for bringing up children. | 7, 9, 11 |
| | What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. | 7,9 |
| | Why marriage is an important relationship choice for many couples and why it must be freely entered into. | 7,9 |
| | The characteristics and legal status of other types of long-term relationships. | 7, 9 |
| | The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. | 7, 9, 11 |
| | How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. | |
| Respectful relationships, including friendships | The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. | 7, 9, 11 |
| | Practical steps they can take in a range of different contexts to improve or support respectful relationships. | 7, 8, 9, 10, 11 |

| | How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice). That in school and in wider society they can expect to be treated with respect by | 7, 8, 9, 10, 11 |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| | others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. | |
| | About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. | 7, 8, 10, |
| | That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. | 10, 11 |
| | What constitutes sexual harassment and sexual violence and why these are always unacceptable. | 8, 11 |
| | The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal. | 7, 8, 10, |
| Online and media | Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. | 7, 8, 9, 10, 11 |
| | About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online. | 8, 9, 10, 11 |
| | Not to provide material to others that they would not want shared further and not to share personal material which is sent to them. | 8, 9, 10, 11 |
| | What to do and where to get support to report material or manage issues online. | 7, 8, 9, 10, 11 |
| | The impact of viewing harmful content. | 8, 9, 10, |
| | That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. | 10, 11 |
| | That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. | 8, 9, 10, 11 |

| | How information and data is generated, collected, shared and used online. | 8, 10 |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Being safe | The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships. | 7, 8, 9, 19, 11 |
| | How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). | 7, 8, 9, 10, 11 |
| Intimate and sexual relationships, including sexual health | How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. | 7, 8, 9, 10, 11 |
| | That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing. | 8, 9, 10, 11 |
| | The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause. | 11 |
| | That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. | |
| | That they have a choice to delay sex or to enjoy intimacy without sex. | 9, 10 |
| | The facts about the full range of contraceptive choices, efficacy and options available. | , , , |
| | The facts around pregnancy including miscarriage. | 11 |
| | That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). | 11 |
| | How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. | 9, 11 |

| | About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. | 9, 11 |
|------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------|
| | How the use of alcohol and drugs can lead to risky sexual behaviour. | 8, 9 |
| | How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. | 7, 8, 9, 10, 11 |
| The Law: Pupils should | Marriage | |
| be made aware of the relevant legal provisions | Consent, including the age of consent | |
| when relevant topics are | Violence against women and girls | |
| being taught, including for example: | Online behaviours including image and | |
| lor example. | information sharing (including 'sexting', | |
| | youth-produced sexual imagery, nudes, etc.) | |
| | Pornography | |
| | Abortion | |
| | Sexuality | |
| | Gender identity | |
| | Substance misuse | |
| | Violence and exploitation by gangs | |
| | Extremism/radicalisation | |
| | Criminal exploitation (for example, | |
| | through gang involvement or 'county | |
| | lines' drugs operations) | |
| | Hate crime | |
| | Female genital mutilation (FGM) | |

5. Whole School approach

- 5.1 A whole school approach will be adopted to RSE that actively involves the whole school community. All groups who make up the school community have rights and responsibilities regarding RSE, in particular:
- **5.2 The designated PSHCE co-ordinator** will maintain an overview of RSE provision and have overall responsibility for its development. This will include keeping up to date with developments and good practice, developing the provision to meet student's needs, providing support and resources for staff, arranging staff training, liaison with outside agencies and monitoring and evaluation.
- **5.3 The Senior Leadership team (SLT)** will endeavour to support the provision and development of RSE in line with this policy by providing leadership and adequate resourcing.
- **5.4. Governors** will ensure pupils are making the correct progress in this area, that the curriculum is led appropriately, ensuring that teaching is appropriate for all pupils

5.5 Parents and other stakeholders

Parents/carers are contacted throughout the year via letter giving them information regarding content and given the opportunity to discuss any issues.

6. Delivery of the curriculum

Through effective organisation and delivery of the RSE, we will ensure that:

- Core knowledge is sectioned into units of a manageable size.
- The required content is communicated to pupils clearly, in a carefully sequenced way, within a planned scheme of work.
- Teaching includes sufficient and well-chosen opportunities and contexts for pupils to embed new knowledge so that it can be used confidently in real-life situations.

RSE complement several other curriculum subjects. Where appropriate, the school will look for opportunities to make links between the subjects and integrate teaching.

The RSE curriculum will be delivered by appropriately trained members of staff.

The curriculum will proactively address issues in a timely way in line with current evidence on pupil's physical, emotional and sexual development. RSE will be delivered in a non-judgemental, age-appropriate, factual and inclusive way that allows pupils to ask questions in a safe environment.

Teaching of the curriculum reflects requirements set out in law, particularly in the Equality Act 2010, so that pupils understand what the law does and does not allow, and the wider legal implications of the decisions they make.

The school will integrate LGBTQ+ content into the RSE curriculum – this content will be taught as part of the overall curriculum, rather than a standalone topic or lesson. LGBTQ+ content will be approached in a sensitive, age-appropriate and factual way that allows pupils to explore gender identity and the features of stable and healthy same-sex relationships.

All pupils are expected to learn about LGBTQ+ content, and parents do not have a statutory right to withdraw their children from lessons that include LGBTQ+ content.

The curriculum will be designed to focus on pupils of all gender identities and expressions and activities will be planned to ensure all are actively involved.

The school will ensure it delivers teaching on sensitive topics, e.g. the body, in a way that is appropriate and sensitive to the various needs of the school community, e.g. cultural background.

All teaching and resources will be assessed by the RSE subject leader to ensure they are appropriate for the age and maturity of pupils, are sensitive to their religious backgrounds and meet the needs of any SEND, if applicable. Throughout every year group, appropriate diagrams, videos, books, games, discussion and practical activities will be used to assist learning. Inappropriate images, videos, etc., will not be used, and resources will be selected with sensitivity given to the age and cultural background of pupils. Pupils will be prevented from accessing inappropriate materials on the internet when using such to assist with their learning. The prevention measures taken to ensure this are outlined in the school's Online Safety Policy, and Acceptable Terms of Use Agreement.

Teachers will establish what is appropriate for one-to-one and whole-class settings, and alter their teaching of the programmes accordingly. Teachers will ensure that pupils' views are listened to and will encourage them to ask questions and engage in discussion. Teachers will answer questions sensitively and honestly.

Teachers will focus heavily on the importance of healthy relationships, including marriage, when teaching RSE, though sensitivity will always be given as to not stigmatise pupils on the basis of their home circumstances. In teaching the curriculum, teachers will be aware that pupils may raise topics such as self-harm and suicide. When talking about these topics in lessons, teachers will be aware of the risks of encouraging these behaviours and will avoid any resources or material that appear as instructive rather than preventative.

Teachers will ensure lesson plans focus on challenging perceived views of pupils based on protected characteristics, through exploration of, and developing mutual respect for, those different to themselves.

At all points of delivery of the curriculum, parents will be consulted, and their views will be valued. What will be taught and how, will be planned in conjunction with parents.

The procedures for assessing pupil progress are outlined in section 153 of this policy.

7. Curriculum links

The school will seek opportunities to draw links between RSE and other curriculum subjects wherever possible to enhance pupils' learning. RSE will be linked to the following subjects:

- **Science** pupils are taught about the main external parts of the body and changes to the human body as it grows, including puberty.
- **ICT and computing** pupils are taught about how they can keep themselves safe online and the different risks that they may face online as they get older.
- PE pupils can develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sport and lead healthy, active lives.
- PSHE pupils learn about respect and difference, values and characteristics of individuals.
- Food Pupils are taught the importance of a healthy lifestyle for physical and mental health

8. Working with parents

The school understands that parents' role in the development of their children's understanding about relationships, sex and health is vital and will, therefore, engage parents as far as possible in their children's learning. This will include providing parents with frequent opportunities to understand and ask questions about the school's approach to RSE.

The school will consult closely with parents when reviewing the content of the school's RSE curriculum, and will be given regular opportunities to voice their opinions and concerns. The school will use the views of parents to inform decisions made about the curriculum content and delivery; however, parents will not be granted a 'veto' on curriculum content, and all final decisions will be the school's to make.

When in consultation with parents, the school will provide:

- The curriculum content, including what will be taught and when.
- •
- Information about parents' right to withdraw their child from non-statutory elements of RSE.

The school will remain aware that the teaching of some aspects of the curriculum may be of concern to parents. If parents have concerns regarding RSHE, they will submit these to a.meakin@bridgestreetschoolderby.co.uk or contact the school office to arrange a meeting with the RSE lead on 01332 973830.

9. Working with external agencies

Working with external agencies will be used to enhance our delivery of RSE and bring in specialist knowledge and different ways of engaging pupils. External experts may be invited to assist from time-to-time with the delivery of the RSE curriculum but will be expected to comply with the provisions of this policy.

When working with external agencies, the school will:

- · Make parents and carers aware
- Check the visitor credentials of all external agencies.
- Ensure the teaching delivered by the external experts fits with the planned curriculum and provisions of this policy.

- Discuss with the visitor the details of how they intend to deliver their sessions and ensure the content is age-appropriate and accessible for all pupils.
- Request copies of the materials and lesson plans the visitor will use, to ensure it meets the full range of pupils' needs.
- Agree with the agency on how confidentiality will work in any lesson and that the visitor understands how safeguarding reports must be dealt with in line with the school's Child Protection and Safeguarding Policy.

The school will use visitors to enhance teaching by an appropriate member of teaching staff, not to replace teaching by those staff.

10. Withdrawal from lessons

The school will always recognise that parents have the right to request that their child is withdrawn from some or all of sex education delivered as part of statutory RSE. The school will uphold that parents do not have a right to withdraw their child from the relationships or health elements of the programmes or any topic that is covered in the science curriculum.

Requests to withdraw a child from sex education will need to be made in writing or via email to the RSE lead; a.meakin@bridgestreetschoolderby.co.uk

Before granting a withdrawal request, the RSE lead will discuss the request with the parents and, as appropriate, the pupil, to ensure their wishes are understood and to clarify the nature and purpose of the curriculum. The RSE lead will inform parents of the benefits of their child receiving RSE and any detrimental effects that withdrawal might have. All discussions with parents will be documented. These records will be kept securely in the school office in line with the school's Records Management Policy.

Following discussions with parents, the school will respect the parents' request to withdraw their child up to and until three terms before the pupil turns 16. After this point, if the pupil wishes to receive RSE rather than be withdrawn, the school will make arrangements to provide the pupil with RSE.

Pupils who are withdrawn from RSE will receive appropriate, purposeful education during the full period of withdrawal.

For requests concerning the withdrawal of a pupil with SEND, the RSE lead will take the pupils' specific needs into account when making their decision.

11. Equality and accessibility

The school will comply with the relevant requirements of the Equality Act 2010 and will ensure the curriculum does not discriminate against pupils because of their:

- Age
- Sex
- Race
- Disability
- Religion or belief
- Gender reassignment
- Pregnancy or maternity
- Marriage or civil partnership
- Sexual orientation

The school will consider the backgrounds, gender, age range and needs of its pupils and determine whether it is necessary to put in place additional support for pupils with the above protected characteristics.

The school will design the RSE curriculum to be inclusive of all pupils. The school will be aware that some pupils are more vulnerable to exploitation, bullying and other issues due to their characteristics, e.g. SEND or being LGBTQ+. Teachers will understand that they may

need to liaise with the SENCO and be more explicit and adapt their planning or work to appropriately deliver the curriculum to pupils with SEND.

Where there is a need to tailor content and teaching to meet the needs of pupils at different developmental stages, the school will ensure the teaching remains sensitive, age-appropriate, developmentally appropriate and is delivered with reference to the law.

The school will take steps to foster healthy and respectful peer-to-peer communication and behaviour between all pupils, and provide an environment which challenges perceived limits on pupils based on their gender or any other characteristic.

The school will be actively aware of everyday issues such as sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture within which these are not tolerated. Any occurrences of such issues will be identified and managed promptly. Sexual violence and sexual harassment are not acceptable and will not be tolerated. Any reports of sexual violence or sexual harassment will be handled in accordance with the school's Peer-on-peer Abuse Policy.

12. Safeguarding and confidentiality

All pupils will be taught about keeping themselves safe, including online, as part of a broad and balanced curriculum.

To meet DfE's best practice advice, the DSL will be involved in the formulation of safeguarding-related areas of the curriculum, as the knowledge and resources may help to address safeguarding issues more appropriately and effectively.

When teaching issues that are particularly sensitive for pupils of all ages, e.g. self-harm or suicide, teachers will be made aware of the risks of inadvertently encouraging, or providing instructions to, pupils. Teaching of these subjects will always prioritise preventing harm to pupils as a central goal.

Confidentiality within the classroom will be an important component of RSHE, and teachers will be expected to respect the confidentiality of their pupils as far as is possible, in compliance with the school's Pupil Confidentiality Policy.

Teachers will, however, understand that some aspects of RSHE may lead to a pupil raising a safeguarding concern, e.g. disclosing that they are being abused, and that if a disclosure is made, the DSL will be alerted immediately. Pupils will be made aware of how to raise their concerns or make a report, and how their report will be handled – this includes the process for when they have a concern about a peer.

13. Assessment

The school will have the same high expectations of the quality of pupils' work in RSE as for other curriculum areas. Lessons will be planned to provide suitable challenge to pupils of all abilities.

Teaching will be assessed and assessments used to identify where pupils need extra support or intervention. There are no formal examinations for RSE; however, to assess pupil outcomes, the school will capture progress in the following ways:

- Tests
- Written assignments
- Self-evaluations

14. Staff training

Training will be provided by the RSHE subject leader to the relevant members of staff on a termly basis to ensure they are up-to-date with the RSE curriculum. Training will also be scheduled around any updated guidance on the curriculum and any new developments, e.g. "sexting", which may need to be addressed in relation to the curriculum.

The school will ensure teachers receive training on the Social Exclusion Report on Teenage Pregnancy, and the role of an effective RSE curriculum in reducing the number of teenage conceptions.

Appropriately trained staff will be able to give pupils information on where and how to obtain confidential advice, counselling and treatment, as well as guidance on emergency contraception and their effectiveness.

15. Monitoring and review

The RSE subject leader will be responsible for monitoring the quality of teaching and learning for the subject. They will conduct subject assessments on a termly basis, which will include a mixture of the following:

- Self-evaluations
- Lesson observations
- Topic feedback forms
- Learning walks
- Work scrutiny
- Lesson planning scrutiny

The RSE subject leader will create annual subject reports for the head teacher and governing board to report on the quality of the subject.

This policy will be reviewed by the head teacher in conjunction with the RSE subject leader on an annual basis.

Any changes needed to the policy, including changes to the programmes, will be implemented by the head teacher. Any changes to the policy will be clearly communicated to all members of staff and, where necessary, parents and pupils, involved in the RSE curriculum.

Proposed Government changes to the RSE curriculum

The government has proposed updates to the Relationships and Sex Education (RSE) policy, aiming to ensure that it reflects modern society, while maintaining a balance between inclusivity and parental involvement. These updates emphasise the importance of providing students with accurate, age-appropriate education on gender identity and LGBT+ issues, ensuring that all students feel represented and respected. The policy encourages schools to create a supportive environment where diversity is celebrated and where students can understand different perspectives. It also stresses the importance of parental engagement, ensuring that parents are informed and involved in discussions regarding sensitive topics, while safeguarding students' rights to receive a well-rounded education that promotes equality and mutual respect

The current proposed changes are still in consultation as of September 24 and although this does not directly impact the curriculum as yet, we are aware of the proposed changes and will update as appropriate. We will continue to provide a broad and inclusive curriculum, providing high quality lessons and resources by trained staff.

The next scheduled review date for this policy will be July 2025